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Sacrifice

“Say: Verily, my prayers, my sacrifice,
my life, and my death are for Allah,
the Lord of All the Worlds.”

(Qur'an 6:162)

INSIDE! // SACRIFICE IN ISLAM // MERCY TO MANKIND // HADITH //
SACRIFICE IN DAWAH // POST RAMADAN HEALTH PLAN // INVEST IN
YOUR KIDS // EQUAL REWARD FOR SISTERS // RAMADAN/EID IN
REVIEW // MY PROMISE // iPHONE & NINTENDO WINNERS // SEAFOOD
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Assalaamu Alaikum

Sacrifice is the word almost every nation knew and experienced in one form or another. It is an experience with different goals and achievements. In Islam as we intend to please Allah SWT, Sacrifice has to do with strengthening our relation with Allah SWT. In some older nations people used to sacrifice some of their beautiful daughters for the sake of some invented god or spirit. Their intention was to please their worshiped deity. Even though it was the wrong sacrifice it seems that they have realized it has to be from something valuable and something they love. This fact is observed in the first sacrifice practice to Allah SWT by the two brothers, sons of Adam, Haabeel (Abel) and Qaabeel (Cain).

The Sacrifice from Habeel was accepted but not from Qaabeel as he did not present a sacrifice of high quality like his brother. Allah SWT informed us, through the words of Haabeel "Indeed Allah accepts only from those who are pious" (Al-Maa'eedah V.27). This indicates that one of the principles of Sacrifice being accepted is to have Allah's awareness. The second principle is to sacrifice from what you love as Haabeel did. Allah SWT said "By no means shall you attain righteousness (Allah's reward) unless you spend of that which you love." (Ala-Imraan V.92). We are in a trial process in our lives as Allah SWT said at the beginning of Surat Al-Ankaboot "Do people think that they will be left alone because they say 'we believe' and will not be tested?" Allah SWT has tested his beloved prophet Ibrahim by ordering him to sacrifice his most beloved and valuable asset, his own son.

Today we have things that we love and we are required to sacrifice for the sake of pleasing Allah SWT and to benefit ourselves in getting closer to Allah. Money, health, time and sometimes your own valuable rights are the most common assets you need to sacrifice. Again, all this is done for the sake of Allah. However it is done for the service of others that Allah has commanded us to serve and benefit as He ordered his messengers to serve. Sacrificing is an honour and privilege. As a result, Allah SWT lifts your name high in this life and the hereafter.

Wasalaamu aliaikum.

Khalid Yousuf
Imam of Adelaide City Masjid

K. Yousuf

Light of Adelaide



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3 Month Prayer Times - Pull Out

Editorial.

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Sacrifice in Islam

Say: Verily, my prayers, my sacrifice, my life, and my death are for Allah, the Lord of All the Worlds.

By Abu Obaydah

Allah Almighty has blessed us with the grace of faith and Islam, and sent us the best messenger with the best book, and we were made the best nation out of people when enjoining good and forbidding evil, also blessed us with the grace of brotherhood in the sake of God at the time overwhelmed with selfishness, love of self and giving priority to individual interest.

And from Gods grace on some servants, He is allowing them to invite to His path and work for the religion of Allah at a time where we find very few volunteers and many people discouraging others from supporting the religion and calling to Allah with kindness. The grace of inviting to the way of Allah is only from Him to a select few servants, even though it is the duty of everyone in their respective fields and scope. Allah SWT says "Say, 'This is my way: I invite to Allah with insight, I and those who follow me. And exalted is Allah, and I am not of those who associate others with Him'" (12:108). All those who follow the Messenger of Allah, they must invite to the way of Allah.

It is because calling to God's way is a gift from Allah, all workers must thank Him for this blessing so that it will last, and they will not be prevented from it and its virtues "And who is better in speech than one who invites to Allah and does righteousness and says, 'Indeed, I am of the Muslims'" (41:33). The scholars said that thanking has various facets:

(1) Thanking by tongue: the preachers and workers in the way of Allah must remember this blessing and thank the Almighty, which otherwise they would have been deprived from the reward and joy that comes from it, and ensure with this thanking the continuous grace and even the increase in abundance of work and effort for the sake of God.

(2) Thanking by the heart: the Muslim brother feels in his heart the impact of this blessing on him, and they were the main reason behind his release from sleep and disability in this life to the department of working, action, moving, impacting and benefiting the whole world.

(3) Thanking by the organs: by multiplying the efforts for dissemination and success of the call to Islam, and not giving it their "spare time". And from the thanking of the organs is to double the efforts and sacrifices in its field, so you will find the thanking brother not resting until he finds his call thriving and people are scattered around its banner.

The concept of sacrifice

The word sacrifice in the Arabic language has many meanings, sacrificing a sheep means any slaughter in Eid al-Adha. It also means the person doing the sacrificing, or his work, or his money: it means giving it without expecting any reward. It is understood and clear that whoever is sacrificing his time or his money or his own for a great or noble purpose doesn't expect a reward except from God Almighty.

A scholar spoke about the pillar of sacrifice and said: "and sacrifice means: make yourself, your money, your time, your life, and everything in the cause of the purpose. And no sacrifice is lost for the sake of the Islamic idea, but it is a beautiful reward, and whoever stops from sacrificing with us is a sinner". In the Quran, Allah SWT says "Truly, Allah has purchased from the believers their lives and their properties [in exchange] for that they will have Paradise." In Surat At-Tawbah verse 111. Allah also says in verse 24 of the same Surah, "Say, 'If your fathers, your sons, your brothers, your wives, your relatives, wealth which you have obtained, the business in which you fear a decline, and houses with which you are pleased are more beloved to you than Allah and His Messenger and fighting in His cause, then wait until Allah executes His command. And Allah does not guide the defiantly disobedient people.'"

Sacrifice during the call to the road of Islam:

That's why sacrifice in the cause of calling to Allah by effort, time, money, and everything for the purpose, was the life of the companions of the Messenger of God. They were living for the call and with the call, you see it in their hearts and filling their lives, carrying its responsibility, preoccupied with it, and sacrificing for it. Not one of them fulfilled this responsibility in their "Spare time". What reassures the believer and encourages him to sacrifice is that what he does will not be lost but will result in kindness and a greater reward. "...But whatever thing you spend [in His cause] - He will compensate it, and He is the best of providers" (Saba, verse 39).

"If you are ready to work for Islam, roll up your sleeves, take a share in carrying the load of this world, and live decent lives for a great cause and a great purpose"

Anything the Muslim will sacrifice, he or she will be rewarded for, whether small or large. "That is because they are not afflicted by thirst or fatigue or hunger in the cause of Allah, nor do they tread on any ground that enrages the disbelievers, nor do they inflict upon an enemy any infliction but that is recorded for them as a righteous deed. Indeed, Allah does not allow to be lost the reward of the doers of good. Nor do they spend an expenditure, small or large, or cross a valley but that it is registered for them that Allah may reward them for the best of what they were doing." 9:120-121.

Everything a person gives up for the sake of Allah, from carrying of hunger, thirst, pain, fatigue, even the steps that he walks for conveying the message if Islam, and all that contributes for the spreading of Islam more or less, small or large, Allah will preserve it for his servant not wasted and matched ten-fold to seven hundred times to many more times. Such is the generosity of Allah.

The rule and importance of sacrifice for the sake of Allah:

The sacrifice in money, time, life and everything in the way of Allah may be obligatory in some special cases, or desirable when they are not obligatory, and Islam called Muslims for sacrifice for the sake of God and promised reward.

Personal profiles of those who sacrificed:

A scholar talks about the person who sacrifices for the sake of Allah, he said: "I can imagine the person sacrificing, preparing himself, his thoughts, and his heart for what he is living for, his mind is always thinking, always caring, ready at any time. If he is called will respond, his life and time, his words, his serious times and playing times are no more than the field he prepared himself for, and does not address except the task that he stopped his life and his will for, struggling in the process. You see it on his face and see the glitter of his eyes and hear in bouts of tongue what tells you what is boiling in his heart from a buried pain, and overflowing within himself from sincere determination, high mettle and noble purpose"

If you are ready to work for Islam, roll up your sleeves, take a share in carrying the load of this world, and live decent lives for a great cause and a great purpose, and know that success in this world and the Hereafter depends on what you give, what you sacrifice for the religion and our calling.

When you decide to join this cause you will discover that you will not accept for yourself to be around those who have no time for Allah, and give Him no importance.

We pray to God to make us amongst his sincere servants and His loyal employees, for He is able to do that and our final words are praise be to Allah, Lord of the worlds.



Got something to say?
Email us at: info@iicsa.com.au

Prophet Muhammad ^{pbuh}

**RANKED
#1 MOST
INFLUENTIAL
PERSONS
IN HISTORY**

“AND WE (GOD) HAVE NOT SENT YOU (MUHAMMAD) EXCEPT AS A MERCY FOR MANKIND”

Qur'an 21:107

MISSION OF MERCY

“And We (God) have not sent you (Muhammad) except as a mercy for mankind.” Qur'an 21:107
As well as calling people to pray, fast and give charity, the Prophet (peace be upon him) taught that one's faith in God should also affect one's treatment of others. He said: “The best of you are they who have the best character.”

Many sayings of the Prophet (peace be upon him) emphasise the relationship between belief and action, for example: “Whoever believes in Allah and the Last Day, should not hurt his neighbour, and whoever believes in Allah and the Last Day, should serve his guest generously, and whoever believes in Allah and the Last Day, should speak what is good or keep quiet.”

The final Messenger (Peace be upon him) taught humans to show mercy and to respect each other: “He who does not show mercy to others, will not be shown mercy.”

In another narration, some people requested the Prophet (peace be upon him) to invoke God to punish the disbelievers but he replied: “I have not been sent as one to curse but as a mercy.”

FORGIVENESS

“Let them forgive and overlook: do you not wish that Allah should forgive you? For Allah is Oft-Forgiving, Most Merciful.” Qur'an 24:22
The Prophet (peace be upon him) was the most forgiving of all people and the kindest. If someone abused him, he would forgive him, and the harsher a person was, the more patient he would become. He was extremely lenient and forgiving, especially when he had the upper hand and the power to retaliate.

Muhammad (peace be upon him) was all for forgiveness and no amount of crime or aggression against him was too great to be forgiven by him. He was the best example of forgiveness and kindness, as mentioned in the following verse of the Qur'an:

“Keep to forgiveness (O Muhammad), and enjoin kindness, and turn away from the ignorant.” (Al-Qur'an 7:199)

EQUALITY

“Indeed the most honoured of you in the sight of Allah is the most righteous of you.” Qur'an 49:13
In the following sayings of the Prophet (peace be upon him), he taught that all humans are equal in the sight of God:

“All humanity is from Adam and Adam is from clay. There is no superiority for an Arab over a non-Arab, nor for a black over a white; except through piety.”

“God does not judge you according to your appearance and your wealth, but He looks at your hearts and looks into your deeds.”

It is related that once a companion of the Prophet (peace be upon him) called another companion in an offensive way, “Son of a black woman!” The Prophet (peace be upon him), became angry and replied, “Do you condemn him because of the blackness of his mother? You still have within you traces of ignorance from the pre-Islamic period.”

TOLERANCE

“Good deeds and evil deeds are not equal. Repel evil with what is best, then he with whom you had enmity shall become as a loyal friend.” Qur'an 41:34
“You should not do evil to those who do evil to you, but you should deal with them with forgiveness and kindness.” This is how the final Messenger of God (peace be upon him) reacted to personal attacks and abuse.

Islamic sources include a number of instances where the Prophet (peace be upon him) had the opportunity to take revenge upon those who wronged him, but refrained from doing so.

He taught man to exercise patience in the face of adversity: “The strong is not the one who overcomes people by his strength, but the strong is the one who controls himself while in anger.”

Practising patience and tolerance does not mean that a Muslim should be a pacifist and not defend himself in case of attack. Prophet Muhammad (peace be upon him) stated that, “Do not wish to meet the enemy, but when you meet (face) the enemy, be patient (i.e. stand firm when facing the enemy).”

HUMBLENESS

“And the servants of The Most Gracious (God) are those who walk on the earth in humbleness, and when the ignorant address them, they say: ‘Peace.’” Qur'an 25:63

The Prophet (peace be upon him) used to prevent people from standing up for him out of respect. He used to sit wherever there was a place available in an assembly and never sought a prominent or elevated place. He never wore anything to distinguish himself from his companions or appear in higher rank than them. He used to mix with the poor and the needy; he used to sit with the elderly and support the widows. People who did not know him could not tell him apart from the rest of the crowd.

Addressing his companions, he said: “Allah has revealed to me, that you must be humble. No one should boast over one another, and no one should oppress another.”

Such was his humbleness that he was fearful of being worshipped, a privilege only befitting God:

“Do not exceed bounds in praising me as the Christians do in praising Jesus, Son of Mary. I am only the Lord's servant; then call me the Servant of Allah and His Messenger.”

HELP US SPREAD THE TRUTH ABOUT PROPHET MUHAMMAD!

In response to recent media coverage about Prophet Muhammad (pbuh), IICSA is printing 20,000 pamphlets talking about the true character of Prophet Muhammad (pbuh) and distributing them across Adelaide CBD and Metropolitan areas. Support the spread of Rasulullah's teachings to mankind and be of those who inshaAllah will have an excuse in front of Allah on the Day of Judgement when asked about it.

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THE IDEAL HUSBAND

“And live with them (your spouses) in kindness.” Qur'an 4:19

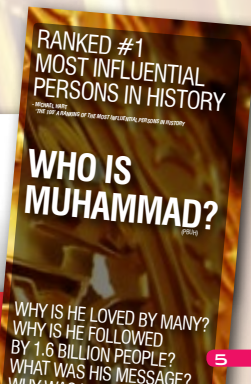
The Prophet's beloved wife, Aa'isha, said of her noble husband: “He always helped with the housework and would at times mend his clothes, repair his shoes and sweep the floor. He would milk, protect and feed his animals and do household chores.”

Not only was he a devoted husband, he also encouraged his companions to follow his example: “The most perfect of the believers in faith are the best of them in morals. And the best among them are those who are best to their wives.”

THE IDEAL EXAMPLE

“Indeed you (O Muhammad) are on an exalted standard of character.” Qur'an 68:4
What has preceded is only a glimpse of how Muhammad (peace be upon him) lived his life. The examples of kindness and mercy mentioned may come as a surprise to some people given the portrayal of Islam in the media and its constant misrepresentation.

It is important when trying to understand Islam that one goes directly to its sources: The Qur'an, and the sayings and actions of Prophet Muhammad (peace be upon him), and that anyone does not judge Islam based on the errant actions of a few Muslims.



EXPLANATION OF THE HOLY QUR'AN



“And give preference to them over themselves, even though they are in poverty.”

59:9

In this ayah, Allah has described characteristics of Ansar (people of Madinah).

The word khasasah means 'poverty' and the word 'ithEr means 'to prefer the wish, need and desire of others above those of oneself. The meaning of the verse is that the Ansar used to prefer the needs of others (i.e. the Muhajirh,) to their own needs. That is, the former used to fulfil the needs of the latter first, then they would fulfil their own needs, even though they themselves were poor and needy.

There are a number of such events recorded, we will narrate one only for the context.

It is recorded in Muwatta of Imam Malik on the authority of Sayyidah Aishah that a poor person wanted something to eat. She had only one bread, and she was fasting that day. She asked her maid to give him the bread. The maid said that if it was given away, there would be nothing left for her to break her fast in the evening. Sayyidah 'Eishah RA insisted and gave the bread to the poor person.

The maid says: "It so happened after this that a person, who was not accustomed to send any gift, sent a whole roasted goat which was completely covered with batter on the outside, which is thought to be the best Arab dish." Sayyidah Aishah & called the maid and said: "Come, eat this. This is better than that bread of yours."

Disposing of a Possible Doubt

Here we need to dispose of a possible doubt that might arise from the noble Companions' narratives of self-sacrifice that were recounted above. The Holy Prophet has prohibited for a Muslims to give away all his wealth in charity. For instance, it is reported in a Tradition that a person came with a piece of gold, about the size of an egg, so that it may be given in charity. The Holy Prophet threw it towards himself and said: "Some of you bring all your wealth to be given away in charity, then they become poor and go around begging." The question is how and why did the Companions of the Holy Prophet give away whatever they had in the incidents cited above despite the prohibition of such an act?

Answer to this question can be inferred from these very narratives. In fact, people's conditions are different. Accordingly, the rulings differ from condition to condition. The ruling of prohibition applies to those people who, after giving away all their wealth in charity, regret, and cannot endure their poverty but go around begging. But those people who, after giving away all their wealth in charity, do not regret or feel distressed or agitated, they in fact face the situation with calm courage and resolute endurance. For such people, it is permitted to spend all their wealth in Allah's way. Let us take the case of Sayyidna Siddiq Akbar RA who donated all his belongings when fund was being collected for Gazwah Tabuuk.

Such people trained and developed their families also to face the ordeals of life with the same calm courage and resolute endurance. Therefore, their rights were not usurped or destroyed either. If the wealth were in the control of their families, they too would have done the same thing.

HADITH

We complained to the Messenger of Allah (about our state) while he was leaning against his sheet cloak in the shade of the Ka'ba. We said, "Will you ask Allah to help us? Will you invoke Allah for us?" He said, "Among those who were before you a (believer) used to be seized and, a pit used to be dug for him and then he used to be placed in it. Then a saw used to be brought and put on his head which would be split into two halves. His flesh might be combed with iron combs and removed from his bones, yet, all that did not cause him to revert from his religion. By Allah! This religion (Islam) will be completed (and triumph) till a rider (traveler) goes from San'a' (the capital of Yemen) to Hadramout fearing nobody except Allah and the wolf lest it should trouble his sheep, but you are impatient." (Bukhari)

Always remember that victory comes through sacrifice and patience!

The Friendly Reminder.

'And remind, for indeed the reminder benefits the believers' (51:55)

By Abu Abdullah

So many times when we ask Allah for something (eg. strength, patience, guidance, wisdom etc) we for some reason, expect to wake up the next morning with what we asked for, fully installed in us.

What we lack to understand is that Allah does not 'give' us what we ask for, Rather He 'teaches' it to us. If we ask Allah for patience, he will place us in a situation where through this situation we develop patience. When you ask for something, know what is coming towards you, accept it and from it, seek that which you asked for.



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Sacrificing your valuable time

By Abu Ameena

What do you call someone who gives up their time to serve Allah?

We call them a "volunteer".

This word means different things to different people.

In some cases, like if someone volunteers at a soup kitchen, it may be something they do once a year or even once in their lifetime, and they feel good about themselves after they do it. This is the kind of volunteer most people think of when they hear the word "volunteer". This kind of volunteer helps out from time to time and feels they have made a large contribution, helping to make the world a better place.

I want you to think about a different kind of volunteer. Think about a volunteer firefighter. Now allow that thought simmer in your mind. This is a completely different kind of volunteer. This volunteer firefighter has several qualities that make him completely different to our first kind of volunteer. This volunteer has made a decision to devote himself to saving other people risking his life in order to save others. It was not a quick decision, but it is certainly a serious one. He has committed to train himself, to gain knowledge of how to fight fires, what to do and what not to do, how to get through a burning building safely. He trains his body regularly, so when that fire comes he is able to lift, to run, to carry. He has trained his mind to be focused, serious, determined, and disciplined.

He may have a day job, but even at his day job, he is still a firefighter. When he is unemployed he is a firefighter. When he is asleep, he is only sleeping so he is not too tired to fight a fire the next day.

He is committed.

He is committed to saving people from burning alive and that commitment influences and shapes his entire life. When he is doing anything else, the firefighter that he is, is still there, waiting for the opportunity to fulfil its purpose.

Guess what. If you are working for Allah, working in Da'Wa, then you are also working to save people from burning alive. The difference is, when the firefighter saves someone he is saving them from burning once, but when by the grace of Allah SWT someone embraces Islam, they are saved from an eternity of pain and suffering that none of us can imagine.

All of us would agree that the firefighter is pursuing a noble cause. None of us would criticise him for spending hours in the gym, or attending extra training in order to make him a better firefighter.

This is exactly the attitude we need to have towards Da'Wa.

Da'Wa is not something we can afford to only do in our spare time, or when it is most convenient, or once a year. It has to be WHO WE ARE. We are the ones who call towards Allah, towards peace, towards paradise, towards joy in this life and the next. We need to have a serious commitment to this goal, and to be a Da'ia every moment of our lives, and certainly not only in our spare time.

simple sacrifices.

By Khalil Abdul Malik

Assalamu Aleykum Wa Rahmatullah Wa Barakatuh,

Alhamdulillah, Allah has blessed a lot of us with more than what we need. Here are some simple sacrifices we can make, in order to become closer to Allah:

- 1) Loose change or excess money
- The rizq (provisions) is written for us, so give to your needy brothers and sisters, without thinking twice. Don't let Shaytan influences us to not give. Shaytaan promises us poverty if we give, but Allah promises us rewards beyond measure.
- 2) 5 minutes after each salat
- Do your sunnah prayer, recite dua's, make Dhikr, read Qur'an, practice remembering a new dua/surah. This small but dedicated time will build up greatly in your favour overall.
- 3) Time travelling to work or school
- Listen to Qur'an Recitation, Islamic Lecture, make Dhikr.
- 4) Sacrifice your first serving of food and offer it to others first.
- Love for others what you love for yourself, as our beloved Prophet said. Even simple things like food, goes a long way. Slowly builds up your moral character.
- 5) Sacrifice a little bit of extra sleep.
- A majority of the population get way too much sleep, much more than our bodies need.
- 6) And finally... This dunniyah.
- A true believer will find it simple to give up attachment to this temporary world.
- Let's think about the comparison to the gardens and palaces in Jannah.

May Allah make us of those who sacrifice publically and privately, in times of ease and in times of hardship.

May Allah grant us sincerity

Wassalamu Aleykum Wa Rahmatullah Wa Barakatuh,

What is best for Islam?

By Abu Ameena

In the current climate, Muslims are facing a tirade of anger and hate. Some of us may be faced with difficult situations if we are faced with abuse or threats. In these instances if you feel that you are in danger make dua to Allah to protect you and head to a crowded area, contact authorities as soon as possible. It is also important that we consider our reactions to abuse, threats, and racism in the street. We have to weigh up what is going to hurt our pride versus what is going to hurt Islam. Remember that no matter what anyone says, Islam is, and will remain, the true message of Allah to the human race, and a mercy to mankind. No words or actions can be said or taken that will ever change that. No words can change the amazing character of our prophet Muhammad PBUH. So before you react, cool down, and think about the outcome you are hoping for. We should all make our pride a distant second priority to representing the religion of Allah.

INVEST IN YOUR AKHIRA!

Over the past 2 years, IICSA has distributed hundreds of English Qurans and Prayer Kits to New Muslims. We do so free of charge! we are now in the process of re-stocking our da'wah materials including all the resources for recent reverts, and usually people from the community don't let us pay, they want to pay!

If you donate to buy one English Quran and one Prayer Kit with instructions, you may get back a lifetime of prayer and recitation of the Quran in your own scales!

It may well be the greatest reward you earn in your entire life, as the New Muslim might read and pray more than you!

IICSA is currently taking donations for Da'wah materials, donate now!
Contact Ahmed on 0419 014 701

May Allah reward you!

The Clinic



Post Ramadan Health Plan

By Dr. Zaki Ibrahim. MBBS (Adel), FRACGP

Alhamdulillah, we did well in the last Ramadan, we were able to control our appetites and managed to enjoy the meals in moderation (well, some of us). Take the momentum that we built up during the holy month of Ramadan to the next level. Insha'Allah, this momentum will last for upcoming eleven months until we meet Ramadan again. With this attitude, in sha Allah, We will take charge of our health!

Do not spoil your hard work by overeating now, the body is at an excellent stage to continue with this healthy lifestyle. You had cleared all the toxins from your system and have rested the digestive system.

From an Islamic perspective, health is viewed as one of the greatest blessings that Allah has bestowed on us. It should be noted that the greatest blessing after belief in Allah is health, as narrated in the following Hadith:

The final messenger of God, Prophet Muhammad PBUH mounted the pulpit, then wept and said, "Ask Allah SWT for forgiveness and health, for after being granted certainty, one is given nothing better than health." (Tirmidhi).

In order to look after your health, you need to know your current health status and your risk factors associated with your family background and your lifestyle. Health screenings are one of the most important things people can do to maintain proper health. Health screenings provide people with an understanding of their health and how to make

necessary changes. Book yourself for an appointment with your General Practitioner and organise a fasting blood test. Make a note of your fasting glucose level, fasting cholesterol level, especially LDL (bad cholesterol) and HDL (good cholesterol) levels.

Another important thing is your weight. Make sure your body mass index is within a healthy range. The other measurement is your waist circumference. Measuring waist circumference helps screen for possible health risks that come with being overweight and obesity. If most of your fat is around your waist rather than at your hips, you are at a higher risk for heart disease and type 2 diabetes.

Certain diseases such as diabetes and high blood pressure do not exhibit symptoms until there is a major problem. By detecting these conditions early, doctors are able to use preventative measures and treatments to avoid these conditions from progressing.

Once you know your health status, try to improve your lifestyle. Healthy living is a form of worship, uphold the aamaanah (responsibility prescribed upon you) of the body and health. The opposite of this is indulging your nafs – your primitive self. For the whole month, the nafs was suppressed and moulded according to the religion of Allah. Once Ramadhan has passed, the devils are back on their duties to weaken our iman. Our own nafs has been their ally in diverting us from iman.

Therefore, avoiding binge eating, excessive sleeping and other non healthy lifestyle are a form of sacrifice to ensure that you always in charge of yourself and not the nafs. Over indulgence and wasting of food are further dissuaded in the Hadith of the of the Messenger of God:

"No human being has ever filled a container worse than his own stomach. The son of Adam needs no more than a few morsels of food to keep up his strength, doing so he should consider that a third of his stomach is for food, a third for drink and a third for breathing' - Ibn Maja

Health is truly a blessing that we take for granted. We should express gratitude to God for bestowing us with health, and we should try are to look after our health.

IICSA Arabic School



Good return on your investment

By Muhammad Gadi

Let's invest in them! Let's guide them to success! One of the benefits of learning history is it allows us to see the secrets of those individuals who shaped the world. We find many examples where the lives of these individuals were heavily influenced by their parents, especially their mothers. A good mother is a huge influence on those who grow up to have a hunger for success.

If we head to Central Asia, to the house of Ismail, a healthy boy was born. But then he was tried with something that every person would fear – he lost his sight. His mother was obviously distraught. However, she was a pious woman and did not fall into extreme despair. Rather she turned to her Lord and asked Him sincerely for help. Allah answered her prayers – her son regained his sight. She brought her son up with great care and attention and concern for the Ummah of Muhammad PBUH. This boy grew to become a household name, Imam Bukhari.

In Madinah, Malik ibn Anas was born in the year 93 Hijri - 711 AD. His mother was an extraordinary person of great sacrifice. She would dress him up in the morning in very nice clothes and tell him to go to the Masjid to seek knowledge, while he was still a very young boy. After coming home at night, she would change his clothes, provide him with meals and discuss what he had learned that day. By the will of Allah, he grew to become Imam Malik, one of the main references in Islamic jurisprudence until today.

Behind Salahuddin Al-Ayyubi was also a great woman. From the age of 6 years old, his mother

would send him to go, watching and helping the knights train until dusk. Did he not conquer Jerusalem, by the will of Allah, due to the training of his mother?

These examples were used for a reason. We see that ordinary people can achieve extraordinary results from the efforts of their mothers. If you are seeking greatness, ask the Great One. If we aspire to achieve success and have been blessed with children, let us invest in them.

Sisters and Brothers, you have an enormous scope to grow your productivity. You have some fine examples of true greatness from the mothers of the believers to all the women that brought forth the great people that allowed the Ummah to flourish. Let us study their lives and strive to follow in their footsteps. You will undoubtedly find that they sincerely made requests of Allah regularly and made sacrifices for their children. We need to be patient in this path and seek Allah's help in it, because great men and women can only be created in years. As the saying goes, "Rome was not built in a day".

Islamic Information Centre of SA

Summer School 2012

Want to register your child for IICSA's Summer Program these holidays?

Registrations:

Date: Saturday Dec 1st or 8th

Time: anytime from 10am - 8pm

Location: IICSA (19a Logan St, Adelaide)

Summer School will begin on Saturday 15th December inshaAllah. More info will be available on www.iicsa.com.au soon.

Hifz Camp 2012

Intense Quran Memorisation Program
Details Coming Soon!
Keep an eye on www.iicsa.com.au

Adelaide Muslim Prayer Times

"Say: Verily, my prayers, my sacrifice, my life, and my death are for Allah, the Lord of All the Worlds." (Qur'an 6:162)

October - Dhul-Qadah/Dhul-Hijjah

November - Dhul-Hijjah/Muharram

December - Muharram/Safar

Day	Fajr	Sunrise	Dhuhr	Asr	Maghrib	Isha	Day	Fajr	Sunrise	Dhuhr	Asr	Maghrib	Isha	Day	Fajr	Sunrise	Dhuhr	Asr	Maghrib	Isha
1 Mon	4:26	5:52	12:06	3:38	6:19	7:40	1 Thu	4:40	6:13	1:00	4:43	7:46	9:14	1 Sat	4:11	5:55	1:05	4:52	8:15	9:52
2 Tue	4:25	5:50	12:05	3:38	6:20	7:41	2 Fri	4:39	6:12	1:00	4:43	7:47	9:15	2 Sun	4:11	5:54	1:06	4:53	8:16	9:53
3 Wed	4:23	5:49	12:05	3:38	6:21	7:42	3 Sat	4:37	6:11	1:00	4:44	7:48	9:16	3 Mon	4:11	5:54	1:06	4:53	8:17	9:54
4 Thu	4:22	5:48	12:05	3:38	6:22	7:43	4 Sun	4:36	6:10	1:00	4:44	7:49	9:17	4 Tue	4:10	5:54	1:06	4:54	8:18	9:55
5 Fri	4:20	5:46	12:05	3:39	6:22	7:44	5 Mon	4:35	6:09	1:00	4:44	7:50	9:19	5 Wed	4:10	5:54	1:07	4:54	8:19	9:56
6 Sat	4:19	5:45	12:04	3:39	6:23	7:45	6 Tue	4:34	6:08	1:00	4:44	7:51	9:20	6 Thu	4:10	5:54	1:07	4:54	8:19	9:57
7 Sun	5:17	6:43	1:04	4:39	7:24	8:46	7 Wed	4:32	6:07	1:00	4:45	7:52	9:21	7 Fri	4:10	5:54	1:08	4:55	8:20	9:58
8 Mon	5:15	6:42	1:04	4:39	7:25	8:47	8 Thu	4:31	6:07	1:00	4:45	7:53	9:23	8 Sat	4:10	5:54	1:08	4:55	8:21	9:59
9 Tue	5:14	6:41	1:03	4:39	7:26	8:48	9 Fri	4:30	6:06	1:00	4:45	7:54	9:24	9 Sun	4:09	5:54	1:08	4:56	8:22	10:00
10 Wed	5:12	6:39	1:03	4:39	7:26	8:49	10 Sat	4:29	6:05	1:00	4:45	7:55	9:25	10 Mon	4:09	5:54	1:08	4:56	8:22	10:00
11 Thu	5:11	6:38	1:03	4:40	7:27	8:50	11 Sun	4:28	6:04	1:00	4:46	7:56	9:26	11 Tue	4:09	5:55	1:09	4:57	8:23	10:02
12 Fri	5:11	6:38	1:03	4:40	7:27	8:50	12 Mon	4:27	6:03	1:00	4:46	7:57	9:28	12 Wed	4:09	5:55	1:10	4:57	8:24	10:03
13 Sat	5:08	6:35	1:02	4:40	7:29	8:52	13 Tue	4:25	6:03	1:00	4:46	7:58	9:29	13 Thu	4:10	5:55	1:10	4:58	8:25	10:04
14 Sun	5:06	6:34	1:02	4:40	7:30	8:53	14 Wed	4:24	6:02	1:01	4:46	7:59	9:30	14 Fri	4:10	5:55	1:11	4:58	8:25	10:05
15 Mon	5:05	6:33	1:02	4:40	7:31	8:54	15 Thu	4:23	6:01	1:01	4:47	8:00	9:32	15 Sat	4:10	5:56	1:11	4:59	8:26	10:06
16 Tue	5:03	6:31	1:02	4:40	7:31	8:55	16 Fri	4:22	6:01	1:01	4:47	8:01	9:33	16 Sun	4:10	5:56	1:12	4:59	8:27	10:06
17 Wed	5:02	6:30	1:01	4:41	7:32	8:56	17 Sat	4:21	6:00	1:01	4:47	8:02	9:34	17 Mon	4:10	5:56	1:12	5:00	8:27	10:07
18 Thu	5:00	6:29	1:01	4:41	7:33	8:57	18 Sun	4:20	5:59	1:01	4:48	8:03	9:36	18 Tue	4:11	5:57	1:13	5:00	8:28	10:08
19 Fri	4:59	6:28	1:01	4:41	7:34	8:58	19 Mon	4:20	5:59	1:02	4:48	8:04	9:37	19 Wed	4:11	5:57	1:13	5:01	8:28	10:08
20 Sat	4:57	6:26	1:01	4:41	7:35	8:59	20 Tue	4:19	5:58	1:02	4:48	8:05	9:38	20 Thu	4:12	5:57	1:14	5:01	8:29	10:09
21 Sun	4:56	6:25	1:01	4:41	7:36	9:00	21 Wed	4:18	5:58	1:02	4:49	8:06	9:40	21 Fri	4:12	5:58	1:14	5:02	8:30	10:09
22 Mon	4:54	6:24	1:01	4:41	7:37	9:02	22 Thu	4:17	5:57	1:02	4:49	8:07	9:41	22 Sat	4:13	5:58	1:15	5:02	8:30	10:10
23 Tue	4:53	6:23	1:00	4:42	7:38	9:03	23 Fri	4:16	5:57	1:03	4:49	8:08	9:42	23 Sun	4:13	5:59	1:15	5:03	8:30	10:10
24 Wed	4:51	6:22	1:00	4:42	7:38	9:04	24 Sat	4:16	5:57	1:03	4:50	8:09	9:44	24 Mon	4:14	5:59	1:16	5:03	8:31	10:11
25 Thu	4:50	6:21	1:00	4:42	7:39	9:05	25 Sun	4:16	5:57	1:03	4:50	8:09	9:44	25 Tue	4:14	5:59	1:16	5:03	8:31	10:11
26 Fri	4:48	6:19	1:00	4:42	7:40	9:06	26 Mon	4:14	5:56	1:03	4:50	8:10	9:46	26 Wed	4:15	6:01	1:17	5:04	8:32	10:11
27 Sat	4:48	6:19	1:00	4:42	7:40	9:06	27 Tue	4:14	5:56	1:04	4:51	8:11	9:47	27 Thu	4:16	6:01	1:17	5:05	8:32	10:11
28 Sun	4:46	6:17	1:00	4:42	7:42	9:09	28 Wed	4:13	5:55	1:04	4:51	8:12	9:48	28 Fri	4:17	6:02	1:18	5:05	8:32	10:12
29 Mon	4:44	6:16	1:00	4:43	7:43	9:10	29 Thu	4:12	5:55	1:04	4:51	8:13	9:50	29 Sat	4:18	6:03	1:18	5:06	8:33	10:12
30 Tue	4:43	6:15	1:00	4:43	7:44	9:11	30 Fri	4:12	5:55	1:05	4:52	8:14	9:51	30 Sun	4:18	6:03	1:19	5:06	8:33	10:12
31 Wed	4:41	6:14	1:00	4:43	7:45	9:12								31 Mon	4:19	6:04	1:19	5:06	8:33	10:12

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Sisters Section

Sacrifice: Equal reward for support of Da'wah

By Um Omar

Assalamu Aleykum Wa Rahmatullah Wa Barakatuh,

BEHIND EVERY GREAT MAN IS A GREAT WOMAN

When the revelation came to the Prophet Muhammad PBUH the first person to believe in him and enter Islam was his wife khadija RAA. She helped the Prophet PBUH by encouraging words, She said, 'I swear by Allah! He will not curse you nor forsake you because you connect the ties of kinship and help the needy and the poor', then she took him to her cousin Waraqa ibn Nawfal, whereupon the Prophet told him what had taken place on the mountain. Waraqa reassured the prophet. This demonstrates her wisdom and support as a wife by way of encouragement of her husband in his da'wah – calling other to the message of Allah. She was also the "Qurratu-ayn"-coolness of the eye, to her husband. Someone who calls others to Allah is called a Da'ee, the support of Da'ee's wife will in turn help him to become an effective da'ee. Due to the position that Khadeejah took the Prophet's da'wa became firmly established and consistent.

Dear sisters in Islam, if you are one of the chosen few, whose husband works in da'wa, then consider yourself one of the richest women on earth. Consider this, your husband goes to work and every time he works you get a pay cheque as well. Would you ask him to change his job? Get another job where you get nothing? Where you have to answer for how you spend the money he gave? Well that is the benefits of having a husband whose work is in da'wa, it is like being paid a bonus for what your husband does. My advice to you is don't look a gift horse in the mouth. The work your husband is doing benefits you both, not only in

this life but the eternal life. Through da'wa he also becomes a better husband and father, because he is becoming a better Muslim. By his work in da'wa Allah SWT bestows his blessing on you and your family in this life and the next.

The difficulty of bearing the burdens of this life alone can be hard at times but have tawakul – dependence on Allah, and sabr - patience. Allah SWT is with you protecting and providing for you.

As stated in the Quran "if you believe in Allah, then rely on him (alone), if you submit (to Allah)." (10:84) "So, be patient, surely, the good end is for the pious and righteous persons." (11:49)

The Prophet PBUH and Abu Bakr, were hiding in a cave in Mount Thaur, and the Quraysh were looking for them in order to kill them, Asma 'bint Abu Bakr RAA, used to secretly take food to them. When her father Abu Bakr left he took all his wealth with him. Abu Bakr's father went to Asma and enquired after the family and their financial situation, to make sure his granddaughter Asma and the family had enough to get by. He was blind, and Asma took some stones, covered them with cloth and placed his hands on the bundle saying, "feel how much he has left to take care of us"

In reality, Abu Bakr had not left anything with them. She only wanted to reassure her grandfather about their situation.

Subhannallah the women of the time of the Prophet PBUH had such zeal, courage and dedication. Why and how we wonder? I believe they had less distractions. They had only one goal, to enter paradise. How? Please Allah SWT. Although they sacrificed greatly, they didn't see themselves as doing something exceptional, they saw that they were doing the minimum.

Remember my sisters that a good wife is the cause of happiness in this world. She helps her husband to obey Allah SWT and offers him spiritual tranquillity and peace.

The Prophet PBUH said: "life is a pleasure and the best of its pleasures is a good wife." Your role is crucial to society, the community and your family.

Wa Aleykum Salam Wa Rahmatullah Wa Barakatuh

New courses @ IICSA

Mondays (starting 19 Nov 2012)
ARABIC READING (Adults)

Tuesdays (starting 20 Nov 2012)
FIQH UL IBADAAT

Wednesdays (starting 21 Nov 2012)
INTRODUCTION TO ISLAM

Thursdays (starting 22 Nov 2012)
ARABIC SPEAKING (Adults)

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All Courses free of charge.
Open for men and women.
For more info call Mohammed on
0402 559 558 or visit www.iicsa.com.au

Prophet Muhammad (pbuh) said:
"I and the person who looks after an orphan and provides for him, will be in Paradise like this" (putting his index and middle fingers together).
(Bukhari)

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**Profits strictly go to supporting IICSA
and all of its work.**

Ramadan in Review

By Daniel Fuller

Bismillah hir-Rahman nir-Raheem

All power and might belongs to Allah, he whom has given us our everything, he who is worthy of all praise, may blessing be upon his beloved Messenger and Prophet Muhammad Sallahu Allayhi Wa'salaam

May Allah bestow his mercy upon our forgetful souls and extend his grace and protection over us all in our time of need. May we always please Our Rabb

Oh brothers and sisters Ramadan has left us, The mercy and blessings that are afforded to us during this blessed month have left us and now we ponder and reflect on our deeds, our successes and what we wish to improve for the year to come.

So even though Ramadan has left us we should all remember Ramadan well. We We should remember the sacrifice's we made and how strong we were able to be during this time, declining the things that are not good for us, and running to enjoy the things that are the best for us. Having Tawakkul to rely on Allah.

We should use this time apart from this blessed month to better our habits increase our Emaan, pray with Ishan, perfect our Deen, and strive to become the best Muslims we can. We should never just push ourselves to be perfect for just 1 month. Allah by his grace gives us all a golden chance to keep the good habits we have formed during this blessed month. For now we say goodbye as we prepare to visit again soon, may we all be blessed to see another Ramadan.



Prayer

By Abu Imran

The morning was lovely, the grass nice and short; everyone was prepared and in their places. We shared the venue with another event, a marathon of runners coming past our Eid festival for several hours. While we were concerned that they might distract us from our Salah, we actually distracted a few of them from following their course! They didn't expect to see such a gathering of Muslims so early on a Sunday morning. Alhamdulillah for allowing us to live through another Ramadan and Alhamdulillah for allowing us to reach the end of it and Alhamdulillah for allowing us this day to celebrate the end of Ramadan by allowing of us to establish this Sunnah for another year. Following Imam Ensar's khutbah, a large portion of us (myself included) decided to enjoy the day in the park: picnics were set up everywhere, people were eating and drinking, kids were going crazy in the jumping castles, fun for everyone! We just have to figure out a way of keeping items of clothing on the kids, we ended up with a small skull cap and some socks!

Inshallah this is just the beginning of Eid in the Park. Inshallah this will continue to feel more like Eid each year this is established. Inshallah we will see you for the next Eid on the 26th of October and the festival following it on the 28th of October!



Festival

By Abu Ameenah

It is amazing to see Allah SWT make changes for the benefit of those following His way of life, Islam. One week before the Eid festival date, forecasts predicted that there was a 90% chance the Eid festival day would be raining. That percentage dropped every day, until finally the day of the Eid festival came and it was a gorgeous day with warm weather, blue skies, and brilliant sunshine. The following day was then pouring with rain.

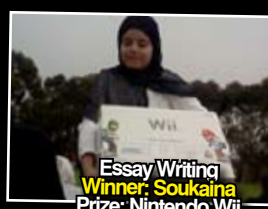
IICSA and its many partners, supporters, and volunteers aim to continually improve our projects, and the Eid festival is no exception. Several suggestions made in the past were taken on to make this Eid festival the best Adelaide had ever seen. We increased the number of seats available and sun shades to allow people to relax and stay longer. We also brought the rides and stalls in to a closer, tighter area. The attendance of the festival was overwhelming, and for the majority of the day attendees were walking through a thick crowd of fellow Muslims from all corners of the globe. We had a special guest in the Minister for Multicultural affairs who was given a full tour of the attractions and offered to try some of the cuisine on offer. It was great to see this support from the government and our continued support from the Adelaide City Council.

As people continued to pack into the park, with families sprawled out on every patch of grass enjoying the sunshine, Adelaide got a real taste of what Eid should be. In previous years we have attended Eid prayer and then visited our family and friends. Now in Adelaide, the whole community can come together. We can meet new people, taste new foods and drinks, and watch our children play together. Only a few short years ago, this was unheard of in Adelaide. Alhamdulillah that He has given us this wonderful gift for ourselves and our children to enjoy.

All of us are working hand in hand for a tolerant, multicultural, and peaceful Australia, full of families and smiles. The number of attendees are estimated to be around 5,000. In sha Allah the coming Eid festivals will be even bigger and better, see you there!

For more info regarding the festival, or if you would like to volunteer/help, contact Hasan on 0421 228 748.

If you would like to book a stall for the festival, contact Basil on 0425 855 140.



Walk the walk

By Dr. Zaki Ibrahim

Walk the walk: A Muslim way

Actions speak louder than words. Are you a Muslims that is a good role model? Do you uphold the highest code of conduct?

You gain respect by walking the talk. The most respected person is the one who inspires others to achieve their best and enables them to unlock their highest potential. This can only be achieved through sound understanding of Islamic knowledge.

Have you ever come across people who simply agree with whatever others say without much thought? I have, and it gets meaningless after a while as they just say yes to everything. Personally, I have more respect for someone who disagrees (civilly) and stands up for himself/herself than someone who parrots others. Likewise, it is by having your own opinion and a mind of your own that you get respect from others, so long as you echo the opinion of Allah and Prophet Muhammad PBUH. Don't be afraid to stand up for what you believe in. At the same time, make sure you do it in a respectful manner to others. This is the way Muslims should conduct themselves. We should be proud the values of Islamic teaching. We should stand up for this values and conduct ourselves according to these Islamic principles. This includes dressing well, being well-mannered, using appropriate language and having social etiquette that is based on Islamic teaching.



Sudanese Community

By Dr. Motaz Bahageel

Eid mubarak all muslims for Eid El-Fitr . Eid gatherings are a good occasions to trade with Allah Almighty. Prophet Mohammed PBUH said "When two believers shake hands their sins falls like falling leaves in autumn" , and said also "Smiling in your brother's face is an act of charity"

The Sudanese community in Adelaide made a gathering on the 7th day of Eid at the bonython Park, side by side with the wondrous Eid festival arranged by IICSA . The gathering was successful with excellent attendance and joyful time for all. Eid celebration in Sudan is a bit different, the day is a public holiday and the majority of people are free to spread the joy of Eid all over and ask Allah SWT for the rewards.

Starting a few days before Eid, people decorate their houses and streets for Eid reception. Everyone participates in these preparations. Early in the morning of the Eid people start walking towards the huge gathering of Eid prayer, which is usually in a wide yard in the town near the main Masjid. All the roads are blessed with loud Takbeer. Greetings and hugs start immediately after Eid prayer, and continue during visits from one house to another. As part of the group tour you visit your own home, where you greet your family members. The afternoon of Eid is reserved for the more selective far visits for close friends and family gatherings.

We ask Allah SWT to make all our days full of good deeds and pleasure and to bless all Muslims with success and forgiveness.

Saudi Community

By Wael Holbah

Assalamou Alaykum wa Rahmatullahi wa Barakatu

Sunday September 23 2012 is Saudi National Day This is an important day in the history of Saudi Arabia. The national day represents the identity of the nation and is greatly associated with the unification of the country by the late king Abdul Aziz Bin Abdul Rahman Al Faisal Al Saud in 1932.

This day embodies all the customs and traditions of Saudi Arabia. All Saudi students celebrate this day in Adelaide by hiring a hall and giving a talk about the achievements of Saudi Arabia, especially in the fields of learning and education.

Eid Al Adha was widely celebrated by the Saudi community in Adelaide, of course this is a very significant event in the calendar of any Muslim. There was a strong Saudi presence at the Eid festival and Eid prayer both outdoors in the park and at most major Mosques. All Saudi community members strongly support students and others in the field of education, personal assistance, and finding suitable accommodation.

Jazakum Allahu Khairan

Wassalamou Alaykum.

Malaysian Community

By Mohamad Fathi Kamil bin Mohd Tahir

'Duit Raya' /doo-it raa-ya/

What I miss the most about the Eid celebration in Malaysia is receiving 'duit raya'. 'Duit' literally means money and 'raya' refers to Eid. It is an amount of money put in a packet or an envelope that is given during Eid. It is given after we have asked for forgiveness from the elderly. 'Duit raya' is usually given by adults or parents to the children of theirs and of their relatives, up until those who are still not married or still studying – (in most cases, at least), and also the children of their neighbours who visit their house.

For the kids, it is an annual event for them to collect money to add up their savings. When I was young, we would shake the packet to 'hear' how much did we get from that uncle, or did we get more money this year from that aunt. But nowadays, the kids will count how many pieces of ten dollar notes, or fifty dollar notes do they get. Sometimes the kids are looking forward to receiving the 'duit raya' more than meeting their relatives and friends.

Anyhow, this Malaysian tradition of giving 'duit raya' during the Eid celebration is done as sadaqah to express our gratitude to Allah, celebrating the month of Syawal. The parents also use it to motivate their kids to fast during the month of Ramadhan.

Poetry Competition

IICSA is giving away a Nintendo DS to the one who can write the best poem about Prophet Muhammad (pbuh).

Criteria:

Subject: Prophet Muhammad (pbuh)

Word count: 200 - 300 words

Entries must be ones own work, unpublished and not having won any competition before.

Go for it! Bismillah!

PRIZE



Win a Nintendo DS!

University of Adelaide

by Khalil Abdul Malik

Alhamdulillah. By the will of Allah Subhanahu wa ta'ala, the Muslim students from all different universities, came together to spread this beautiful religion, at 'The University of Adelaide'. Holding our annual 'Islam Awareness Week' for 2012. The sincere, dedicated and passionate team, tried their best to continue the amazing efforts of Prophet Muhammad PBUH and spread the wonderful message of Islam. The Muslim students set up Islamic information galleries and displays, in the heart of the Central Hub at the University. Lots of free copies of Qur'an Translations, Islamic books, pamphlets, DVD's, Live Lectures, Nasheed Performances and Qur'an Recitation, were all on offer at the special event. Not to mention the loads of delicious foods and snacks supplied by some very generous Muslims. The massive support and kindness from the local Islamic businesses and communities, exemplified the true characteristics of the Muslims. May Allah reward them all generously for their contributions.

Overall, the fantastic attendance from the University students was beyond our expectation. People from all types of backgrounds, were sincerely interest in learning more about Islam and the peaceful way of life. Hundreds of people attended the annual Islamic event.

For next year's event, we definitely want to expand and always look to improve ourselves. Our most sincerest dua's to all those supporting and spreading the love, calling people to Islam, even by the means of a simple smile =) May Allah reward everyone's efforts with Jannah, insha'allah.

Pakistani Community

By Fahim Ghouri

Sacrifice, as we have seen, simply means to give up things which we love and hold dear, which in our eyes have some value for us. We may possess them now or hope and aspire to have them in future. The things may be tangible and concrete or intangible and abstract. Important among concrete things are time, money, worldly possessions, physical abilities, life. Important abstract things may include our ties of love and affection, especially familial, likes and dislikes, preferences and prejudices, views and opinions, desires and aspirations, pleasures and comforts, status and roles, or merely our ego.

Though Islam upheld peace in the world, it did not become viable without a struggle. It was, in fact, locked up, for 23 years, in a sanguinary struggle for survival, it also called for sacrifice. It is remarkable that Prophet Muhammad PBUH himself was the first one to offer sacrifices for Islam.

The history of Islam is full of sacrifices, from Prophet Ibrahim PBUH to his successors, the messengers of Allah and followers of Islam. In the recent history millions of Muslims from the subcontinent had sacrificed their lives, wealth, property, and more for the Islamic country – Pakistan.

Without making sacrifices the revival of Islam will always remain a matter of speeches or a matter of dreams. To actualize it, we will have to give up our time and wealth, our life and resources, our personal likes and dislikes so let us turn to Allah SWT to help us in case our human weaknesses overwhelm us when sacrifices are demanded of us, and to seek His forgiveness for all our shortcomings and failures.

SCORE BOARD



By Patrick Ernst

Assalaamou alaykum.

Well alhamdulillah, the soccer season is nearly finished. SA Centrals teams have done well and learned a lot this season. I can see the improvement in skills in many of the boys, at all age levels. As our second year of operation is closing, the coaches and committee have been reflecting on our performance and development through the year. Without doubt, we have come a long way in a two year period. Our boys are developing their playing skills and, I believe learning some life skills along the way. Those life skills have involved learning how to operate as part of a team. The boys are learning to behave correctly, with good manners and etiquette as a team and as individuals in a team. I think we have to remember what value our boys get from playing for SA Centrals. They get to train and play with Islamic values. They improve their fitness, coordination and motor skills. Many of them are choosing healthy lifestyles instead of overeating and a junk food lifestyle. Very importantly, maybe the most important, the boys get to be with, communicate with and share with their parents - when their parents choose to support them in the games. More on that later.

For a club like ours, success is determined by the sacrifice people are willing to make to make success happen. The operation of the club relied on the service of just a few people ran the club, who coached our boys, attended training and helped set up our grounds on match days. We did need more help and this will be a subject we

will be talking about in the future. We will be asking parents to help as much as possible, for the benefit of all our boys.

It is very sad to say but the truth is the majority of parents of our players did not come to games and rarely stayed with their boys at training. Some boys were even told by parents that "the game was cancelled", so they could avoid the sacrifice of making the effort to bring their child. Subhanallah! What values are some parents trying to teach their children?

In the next few months we will be inviting boys to try out for the club. We will also be asking members of our community to volunteer as coaches, match officials and to assist in setting up our grounds. With more volunteers, the load will be lighter for everyone. Such small sacrifices but the time and effort you spend for our club will inshaAllah be seen as a benefit for your boys, the youth of our community. With a healthy positive environment, with active support from parents and other community members, I can see that our youth will develop as strong and confident. Are there any of us who do not want that for these boys?

If we do not give our children the opportunity to develop in a positive healthy way, an Islamic way, then surely the alternative is for these children to be attracted to the false, pretty and dangerous things in this life. Please, in the coming season, give a small sacrifice of your time, effort and commitment and make a huge difference in our community and for our sons.

Jazak Allah Khair



iPHONE WINNER!

IICSA would like to congratulate **Mariam Almasri** for winning the Light of Adelaide iPhone 4 Competition. You are now the owner of an Apple iPhone 4 16gb! Masha'Allah, May Allah bless you & your prize. Enjoy!

Supplied By



YOU WON ME!

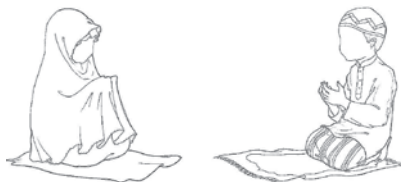


Mubarak Sister!

KIDS CORNER

MY PROMISE!

By Sarah Younes



FILL IN THE ANSWERS TO THE PICTURES THEN WORK DOWN THE ARROW TO ANSWER THE SECRET CLUE!

SECRET CLUE: ONE OF THE KEYS TO PARADISE!



MY Ramadan!

Nintendo DS Winner!

IICSA would like to congratulate Ali Lahcen for winning the 'My Ramadan' competition, May Allah bless you and your brand new Nintendo DS! Have fun!



Ali Lahcen

Street Talk!

By Omar Krasniqi

Assalamou Alaykum

Ramadan's swift disappearance has re-occurred and shaytaan (unfortunately) has re-appeared. However are we feeling the same as we did a few weeks before? When we were not only sacrificing our desires, but our necessities for Allah? When were able to, with ease, hold our tongues in times of anger, close our eyes in times of testing and turn to Allah in times of despair? Or is the feeling of contentment and closeness to Allah wearing off as shaytaan wedges himself in between us and Allah?

After Ramadan the feeling of nostalgia lingers within our hearts, however shaytaan comes back with his heart burning with envy, hate and frustration. He returns locked and loaded and ready for war. He's annoyed, all his hard work and effort throughout the year has gone to no avail. So now he's working overtime and double shifts, trying to cut us down. But what are we doing to stop him? Are we even trying to fight back? Or are we laying down and letting him win?

We've been fighting him off, tooth and nail, pushing him back and letting him know that we're not giving anything up. We've worked too hard to achieve what we have in Ramadan; and we won't rest until we meet Allah and are assured He is pleased with us. However there are some who may have slightly "dropped the ball" after Ramadan, might have "let loose" slightly, what to do? It's simple, start right now! Work hard for Jannah! It's more than worth it.

Allahu Akbar

ISLAMIC QUIZ?

1) Ibraheem (as) was roughly how old when he chose to sacrifice his relationship with his family, his friends and his community for Allah and his pleasure?

- a) 11-17
- b) 18-25
- c) 26-40

2) Who threatened to stone him if he followed the way that Allah loved rather than worshipping the idols?

- a) His own father
- b) The idols
- c) The guardians of the idols

3) When Ibraheem (as) was midair, flying towards the fire which was built to kill him by the disbelievers, Angel Jibreel asked what he would like, what was his reply?

- a) "saftey from the unbelievers"
- b) "help from my lord"
- c) "for my lord to be pleased with me"

SMS your answers with your full name to 0432 056 474 for your chance to win an Islamic DVD valued at \$25!

stop all people from entering 3) You know the knowledge is the truth
Answers for last quiz:
1) He made dua for them 2) To stand in front of the gates of Jannah and

RASULALLAH [SALLALLAHU ALAYHI WASALLAM] SAID, "DO NOT BE PEOPLE WITHOUT MINDS OF YOUR OWN, SAYING THAT IF OTHERS TREAT YOU WELL - YOU WILL TREAT THEM WELL, AND THAT IF THEY DO WRONG - YOU WILL DO WRONG. INSTEAD, ACCUSTOM YOURSELVES TO DO GOOD IF PEOPLE DO GOOD AND NOT TO DO WRONG IF THEY DO EVIL." (AL-TIRMIDHI)

Seafood – A halal and healthy choice



By Mohammad Gadi

If I can put a label 'Halal and Tayyib' (Permissible and Good) to a type of food, I think seafood would be number one on the list.

Al Quran Chapter An Nahl (16) verse 14: "And He it is Who made the sea subservient that you may eat fresh flesh from it and bring forth from it ornaments which you wear, and you see the ships cleaving through it, and that you might seek of His bounty and that you may give thanks"

Abu Hurairah (radhiallahu 'anhu) related that a man asked the Messenger of Allah (peace be upon him), "O Messenger of Allah, we sail on the ocean and we carry only a little water. If we use it for ablution, we will have to go thirsty. May we use sea water for ablution?" Said the Messenger of Allah (peace be upon him), "Its (the sea) water is pure and (even) its dead (animals) are lawful (i.e., they can be eaten without any prescribed slaughtering)."

In light of the above evidence, almost all the scholars in Islam are unanimous in their opinion that all types of animal that predominantly live in the sea are halal for the believers. Australia's leading health research body, the National Health and Medical Research Council (NHMRC), suggests that Australians should eat more fish. This is because fish is low in fat, high in protein and an excellent source of omega-3 fatty acids. Researchers worldwide have discovered that regular consumption of fish can reduce the risk of various diseases and disorders. These include childhood asthma, cardiovascular disease and diabetes. Hundreds of studies have been done on fish or fish oils and their role in the prevention or treatment of heart disease. A review in the British Medical Journal recommends fish or fish oil supplements to prevent heart attacks, particularly in people with vascular disease.

How omega-3 fats reduce heart disease is not known, but they are known to lower blood triglycerides and blood pressure, prevent clotting, are anti-inflammatory and reduce abnormal heart rhythms.

The recommended daily amount of omega-3 fatty acids from fish is 200–600mg. The following are approximate amounts of omega-3 fatty acids per 60g serve of varieties of fish:

- Salmon (fresh Atlantic) 1,200mg
- Canned salmon 500mg
- Sardines 1,500mg
- Trout (fresh rainbow) 350mg
- Gemfish 300mg
- Blue-eye, shark (flake), salmon, squid 250mg
- Scallop or calamari 200mg
- Canned tuna 145mg

The following are approximate amounts of omega-3 fatty acids per 60g serve of other foods:

- Two slices of fish oil enriched white bread 27mg
- Lean beef or lamb 40mg
- Fish oil enriched margarine (10g) 60mg
- One regular egg 40mg

While it is recommended to eat one to two fish meals a week, it is wise to avoid fish high in mercury. Excess mercury appears to affect the nervous system, causing: numb or tingling fingers, lips and toes; developmental delays in walking and talking in children; muscle and joint pain; increased risk of heart attack.

Mercury levels differ from one species of fish to the next. This is due to factors such as the type of fish, size, location, habitat, diet and age. Fish that are predatory are large and at the top of the food chain, and so tend to contain more mercury. Fish high in mercury include shark, swordfish (broad-bill) and marlin, ray, gemfish, ling, orange roughy (sea perch) and southern blue fin tuna. Pregnant women, nursing mothers, women planning pregnancy and children up to six years old should avoid these fish.

Mercury from most fish sold in Australia is not a health risk, when fish is consumed as part of a normal diet.

Enjoy your next seafood meal and thank Allah for the blessings

Ma Po Tofu

tasty
chinese
recipe

By Blarra Jeroff

Ingredients:

- 500g firm tofu, cubed
- 150g beef/lamb mince
- Bunch of spring onions, chopped finely
- 2 garlic cloves, minced
- 1 tsp chilli flakes

Sauce:

- 3-4 tsp black bean garlic paste*
- Chilli sauce (optional)
- 1 tsp sugar
- 4 tsp water
- 2 tsp corn starch

Marinade:

- 1 tbs soy sauce
- 1 tbs dark soy
- Pepper
- 1 tbs sesame oil

- 1) Marinate the mince for 30 mins
- 2) In a hot wok with oil fry garlic, chilli flakes and mince until cooked
- 3) Add black bean paste, chilli paste and tofu. Stir-fry gently so the tofu does not break up
- 4) Add 1 cup water (or chicken stock) and cover with lid for 5 minutes
- 5) Mix the water and corn starch to make a smooth paste and add to wok and mix immediately.
- 6) Once sauce has thickened sprinkle chopped spring onion and serve with steamed rice.

*black bean paste can be found at regular supermarkets in the Asian section or in Asian grocers.



Choc Dates

Yum!
Yum!
Yum!

We all know how much the Prophet (pbuh) loved dates. So why not get creative?

Prepare your dates by taking out the pip, get some (halal) cooking chocolate, heat it up and dip your dates with a tooth pick into the chocolate. You can have a some plates of crushed nuts or coconut that you can re-dip into to add some yumminess.



PIZZA, CHICKEN & SEAFOOD

PH 8374 1494

26 DAWS ROAD, ASCOT PARK

SUN-WED 3pm-10pm

THURS & SAT 3pm-11pm

FRI 10am-11pm

DINE IN - TAKEAWAY - DELIVERY



Eid Mubarak

Eid Sacrifice (Qurban)

أضحيتكم طاعة للرب
وطعمة للعبد



قال رسول الله صلى الله عليه وسلم:

«يا أيها الناس، إن على كل أهل
بيت في كل عام أضحية»
أخرجه ابن ماجه والترمذي

“Oh people, it is compulsory for every
household to make a sacrifice yearly”

(Narrated by Al-Tirmithi & Ibn Maja)

To participate in the Eid Al Adha Sacrifice (Qurban)
project, you can choose one of the following
donation payment options:

- By Phone: **1300 760 155**
- Online: **www.humanappeal.org.au**
- By Mail:

Please make all cheques and money orders to:
Human Appeal International
PO Box 406
Lakemba NSW 2195

- In person:
**Islamic Information Centre of SA
(Adelaide):**
19A Logan St, Adelaide SA 5000
Tel: (08) 7226 6815

\$90 QURBAN

The qurban will be slaughtered locally and
distributed in the following countries:

- Somalia
- Kashmir
- Bangladesh
- Sri Lanka
- Burma Refugees
- Pakistan
- Afghanistan
- India

\$100 QURBAN

The qurban will be slaughtered, shipped
and distributed to the following countries:

- Lebanon
- Syrian Refugees
- Iraq
- Bosnia
- Fiji
- Sudan
- Palestine
- Jordan
- Egypt
- Kosovo
- Indonesia
- Eritrea

HUMAN APPEAL
INTERNATIONAL

Always with you on the road to Goodness!